

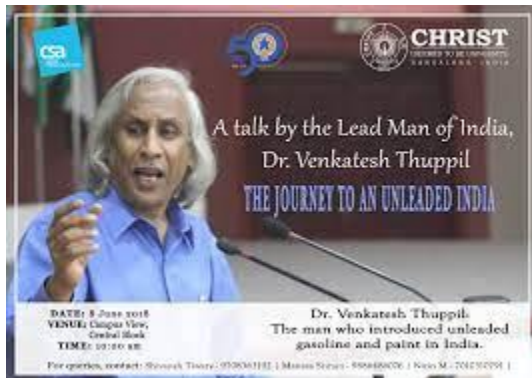


Annual Report 2018-19

CSA is the development-action wing of CHRIST(Deemed to be University) and takes initiative each year to encourage all its stakeholders to take social responsibility and make consistent efforts to impact the communities of CSA, Christ, and the project areas. The following events of the academic year 2018-19 are as follows:

1. **The Journey to An Unleaded India.**

Seminar by Dr. Venkatesh Thuppil, the ‘Lead Man’ of India: On 8th June 2018, the seminar started with Dr. Venkatesh Thuppil’s speech. He spoke of two types of development – internal and external, and further classifications. More discussion on diverse topics followed through about issues and challenges faced by current day youth.



2. **Chat over Coffee**

The Event was conducted on 18th June on the theme of privacy, surveillance, and the role of social media. A discussion on the unsafety of data on social media ensued, after which a conclusion was reached that we can’t just stop using social media, which is exactly why we need to find solutions.



3. **CSA Inauguration**

The Inauguration was conducted on 23rd June 2018. The event was attended by the Vice-Chancellor Rev. Thomas C. Mathew, the Director of CSA, CSA leaders of the academic year, volunteers and other faculty coordinators.



4. **StoryHunt**

On 1st July 2018, 84 volunteers were taken to Channapatna for the story hunt. 12 groups were created and each group consisted of a senior volunteer, regional language speaker, and a photographer. The volunteers made house visits and spoke to the locals. They also visited small scale cottage industries that produced the products at their residences. The volunteers enjoyed the experience and learned about the hardships of the industry and grew aware of the reason for its decline.



5. **Kadam**

Spread across three days, from 11th to 13th July, Prayatna held the initiative of Kadam. The campaign highlighted the importance of waste segregation. The stall was selling the products manufactured in the Parivartana unit by recycling waste paper that is collected from the campus



6. **Drishti Play**

On 12th July, 2018, a play was conducted by Drishti with the aim to spread awareness about Self Protection.



7. **Talents Day**

It was held on 25th August, the Centre for Social Action (CSA) hosted its yearly event called Talents' Day to allow children from the project areas to showcase their talents. All of the students from the project areas would gather at the central campus. Five buses departed the main campus on Talents' day, one for each of the four project areas: Vriddhi, Tilaknagar, Subhash Nagar, and Janakiram layout. Stalls, flash mobs, and other events were among the offline marketing managed by the Hosur Road campus. The Kengeri campus created the online posters, while the BGR campus created the countdown poster. When all of the students came on campus, The kids were divided into 3 categories based on their classes - A, B, and C. From 1st to 3rd grade A, category B was from 4th to 7th grade, and category C was from 8th to 10th grade. craftify, recite it right, wholly rangoli, mime, group dancing, and singing were among the events conducted to engage the audience. The programme was praised by all three campus volunteers as a trust-building exercise. It allowed volunteers to engage with the children, learn more about the people they are helping via their contributions to CSA, and be inspired to work even more to improve the lives of these youngsters.



8. **Drishti Plays**

Each year, Drishti performs numerous plays with various aims in mind for creating impact.

- 11TH JUNE 2018: Every year begins with the promotional play. The promo play aims at attracting new potential actors to join our team. The first promo play was a culmination of three scenes from three different plays. Each scene represented the different kinds of plays that we performed. The first scene was from our urban play which was on 'Water Conservation'. The scene portrayed an auction of a river and the dumping of waste in water bodies. The second scene was from one of our outstation plays which was performed in Kochi. We enacted one of the scenes from this play which was scripted in Malayalam based on the theme of drug abuse. The third scene was from another one of our urban plays which were based on mental health. The audition dates were announced post the play.



- 12th JULY 2018: The first project area play of the semester was conducted in the Vriddhi project area (LR Nagar and Ambedkar Nagar). We performed one play each in LR Nagar and Ambedkar Nagar. The theme of the plays was “Self Protection”. The script was focused on the importance of self-protection, situations in which one should use self-protection techniques, and the various techniques of self-protection.



- 15th August 2018: The camp play this year focused on the theme of lake pollution. Since the lake near our campsite in Kolar was very polluted, we aimed at spreading awareness about the cleanliness of the lake. The play also spread awareness about the new government initiative of installing dustbins around the village for the safe and systematic disposal of domestic waste. A significant number of residents witnessed the play and gave their feedback.



- 30th AUGUST 2018: The second project play of the year was done in Janakiram Layout. In accordance with the suggestions given by Project Matram in Janakiram Layout, we chose the topic of gender equality. Drishti has been performing in Janakiram Layout for several years. This time, we performed on the topic of gender equality to spread awareness about the fact that both boys and girls have equal opportunities in life. The scenes in the play focused on providing equal opportunities for both girls and boys. It also explored the themes of realizing the capabilities of girls and boys. We emphasized the fact that there is no real divide between the two genders. CSA's Project Matram, which is a specialized module-based assessment system, helps us evaluate the effectiveness of the play. The play was around 10 minutes long and showed how

gender shouldn't be a barrier to ambitions. At 5:00 PM the volunteers moved to Bright Stars Pre-English School for an interactive session with children, which lasted for half an hour.



- 14TH SEPTEMBER 2018: Social Responsibility Week or SRW is the flagship event of CSA. The week aims at sanitizing Christites about a particular social issue. The theme of SRW 2018 was Over-consumption and Wastage. The play had three distinct scenes that focused on three different resources, namely food, electricity, and plastic. The play focused on the issues regarding plastic usage. Through satire and humor, the themes of food and resource wastage were brought out.



- 16TH SEPTEMBER 2018: Puttenahalli is a residential area located near Bannerghatta in Bangalore. Drishti performed a series of plays in this area in collaboration with an NGO called Saahas. Saahas works in such areas to provide wastage management solutions and to promote civic cleanliness and hygiene. The Drishti play focused on the topics of overconsumption and wastage. These scenes threw light on the ignorant nature of

human beings through satire and personification. Plastic consumption and food wastage were strong elements in the play.



- 20TH NOVEMBER 2018: Drishti conducts auditions to invite new members into the team at the beginning of the semester. The promotional play attracts potential actors who want to explore street theater. The play was based on the theme of 'Mobile Phone Addiction and Social Media'. The play had three scenes that focused on one mental illness related to smartphone addiction and social media. The three diseases were Cyberchondria, Phantom Ringing Syndrome, and Depression.



- 6th December 2018: The third project area play of the year was in LR Nagar and Ambedkar Nagar. The topic we focused on was verbal and physical abuse. The children residing in this area are exposed to verbal and physical abuse at their schools and homes. The adults do

not completely recognize the ill effects of unmonitored behavior. Our lady focused on educating the audience about refraining from using profanities to build healthy relationships with their peers.



- 23rd-24th December 2018: Located in the Krishnagiri district of Tamil Nadu, Sneha Gram is a vocational training and rehabilitation centre for children living with HIV (Human Immunodeficiency Virus). Snehagram's mission is to secure the future of these orphans by providing them with a good quality of life. It aims to give them back their childhood so that they can have a healthy and productive adulthood.



- 3rd FEBRUARY 2019: The first play of the new year focused on the different taboos about sex and sexuality that exist in society today. Drishti's play- 'Sabka Time Aayega?' focused on the topic of different sexual taboos in society. Under this broad spectrum, the play sheds light on the three topics:
 - a) Lack of sex education in society.
 - b) The stigma around menstruation.

c) Homosexuality



● 8th FEBRUARY 2019: Parihaara was the mega clean-up drive conducted by the BGR Campus in collaboration with the Main Campus and Kengeri Campus. Spread across 11 locations in South Bangalore, the clean-up drive aimed at promoting a cleaner city. Drishti Performed in locations in Jayanagar to promote Parihaara and spread awareness about the event. The play's themes were focused on plastic consumption and littering. The play was done in the form of a satire to spread the message about cleanliness in the city. Towards the end of the play, the dates and time of the Clean Up drive were announced. Volunteers also went to all nearby shops and stores to spread the message.

SDG 12 - Responsible Consumption and Production comes into light here as one must use any resource efficiently so that it is not overused which may bring harm to the environment.



- 7th MARCH 2019: The last campus play for the year was done with the aim of sensitizing Christites about Mental Health. The play threw light on mental health illnesses like anorexia, anxiety, insomnia, and depression. We received a great response from the audience as the topic was very relevant to our generation and the play involved a lot of real and relatable instances. We campaigned through Garden Street and gathered the audience. The duration of the play was 10 mins. SDG 3 - Good health and well-being - was brought to light during this play. It showed how mental health is equally important to physical health.



9. **Carnival**

The carnival was held in our project area with the women and girls only. The basic aim of this was to educate and to talk to the women there about whether they were comfortable coming out of the dark about this or not. We had two sessions, one where we talked to the girls from the project areas. We asked them about what they believed was wrong with menstruation, the taboos related to it, and why they don't feel comfortable talking about it. The second session was held where we talked to them and broke these taboos and let them know that it is completely natural and healthy to have this. We also have worked to go on house visits and educate not only the girls but also the families and make this a wider and more generally accepted topic.



10. **CLEAN UP DRIVE**

This was a new event that was conducted during this year on the 19th of August 2018. This event was in collaboration with Prayatna and was conducted simultaneously in both of our project areas of Vriddhi and 3D. This event was in collaboration with Prayatna and was conducted simultaneously in both of our project areas of Vriddhi and 3D. The main aim of this event was to have a higher exposure of the volunteers to the conditions that our children live in and thus also to help make a small change to it. The first step that was done was the clean-up in the stretches of the road that lead to the project areas. There were about 40 volunteers in total that were divided among the two project areas.



11. CHILDREN'S DAY CELEBRATION

This was celebrated on the 14th of November 2018 in 3D and on 17th November 2018 in Vriddhi. The whole event was divided amongst the two buildings of the project area. About 30 volunteers were invested in this event where we went ahead and played games with the children that were divided differently for different kids. The aim of this was so that they would have a notebook every time they came to AC and thus would be able to remember everything they learned.



12. Disease Awareness week

To sustain the Health Camp follow-up mechanism introduced in the previous year, the Disease Awareness Week was conducted from 10th December to 16th December. This initiative was designed to be an awareness campaign devised for the residents of the project areas, to make them aware of the health problems prevalent in the area. During this week, the volunteers took a two-fold approach, which included conducting house visits as well as educating and talking to the children in their classrooms. The major topics dealt with were sanitation, personal hygiene, and a balanced diet.



13. Career Guidance

Career Guidance is an initiative by Activity Centre to combat Academic Ignorance amongst the children studying in the centres and their parents. Due to a lack of knowledge about extremely complex educational milestones, several children find it hard to achieve their career goals. Hence, Career Guidance was conducted, in two phases, for the older students of the centres, to help them recognize their optimum career choice. The first session was conducted on 6th September 2018 and the second one on 22nd January 2019. Its aim was to make the students of classes 8-10 aware of the various career options that were available for them and provide them with the necessary details to pursue those careers. This was done to help the children understand the vast amount of options that were available to them and give them a basic understanding of those options.



14. Book And Toy Drive

The Book and Toy Drive is an event aimed at bridging the gap between Christites and our sponsored children. It gives Christites an opportunity to feel the joy of giving. This year, we put up collection boxes in all blocks across campus from the 3rd-12th of January. Volunteers collected the items placed in the boxes each day and by the end of the initiative, we collected 7 bags full of books and toys which were then sent to Vridhhi.



15. **New Year Celebration**

This was another flagship event that took place in the Kengeri campus on the 13th of Jan. This was a collaboration for the first time between the Activity Centre wings of the three campuses. The day was filled with exciting games and programs for the children. On arrival on campus, the kids were given refreshments and then we took them to three different venues on the campus. We had a band performance, two skits, and two dances. The kids honestly tapped their feet to the beat and smiled as we played songs that were familiar to them. The event was also graced by our previous VC. The children were then taken for a full and healthy lunch.



16. **Self Defense Workshop**

This year we had a self-defense workshop for our volunteers and christites. This event was conducted on campus at the CJC Quadrangle. This event was conducted with the help of trainers from ICS Fight Club. The workshop was done at Urban Safety & Self Defense Workshop. It was an empowering experience for all our students as we got equipped with some basics of self-defense.



17. **Parivarthana Stall**

On 4 June – 5 June 2018, Prayatna Volunteers put up several stalls that were a huge attraction for the newly arrived first year students, teachers as well as parents. Diaries, pen stands and jewellery boxes were some of the main attractions. The two-day stall recorded sales worth Rs. 16,155.



18. Seed-ball Plantation Drive

It was organised in collaboration with Say Trees: On 3 June 2018, On the occasion of World Environment Day, this event was organised by Say Trees - an NGO in Bengaluru that has actively been increasing the green cover in India. 65 Prayatna volunteers joined with the cause of creating 1,00,000 seed balls that would be planted in villages like Chintamani and nearby areas. The event was organised well and volunteers learned new techniques like Miyawaki tree plantation. It was a great experience of working with people from across the city.



19. **CSA Promo Play**

On 12 June 2018, Drishti conducted this event to welcome freshers while making them aware of the wrong happenings existent today. More than 100 students were present to see the 30 volunteers perform. The expressive play highlighted issues like domestic violence, farmer suicide and student suicide. It also encouraged students to become part of the CSA family.



20. Waste Segregation Week

On 18 June – 22 June 2018, Waste Segregation Week was an event where Christites, mainly the first years, were made to understand the need for waste segregation. A series of activities were conducted by Prayatna volunteers throughout the week to spread awareness.



21. Awareness Drive

On 22 June 2018, volunteers made wristbands out of waste and sent out a message that waste can be used for better purposes. Big shops segregate waste into dry waste and wet waste but the small shopkeepers fail to do so. The mission taken by CSA was successful as even if one person agrees to bring change needed, it cannot be considered a failure.



22. Chat over Coffee

On 22 June 2018, a COC was conducted on the theme of Waste segregation and how it will help bring about sustainability and how emphasis on waste management can help. The event probably needed more publicity. It would have been better if more people participated in the discussion. Since the Chat Over Coffee was conducted right after the Awareness Drive, the participants got a better insight into the issue.



23. **Activity Centre Workshop**

On 23 June 2018, volunteers were told how they can make a plan more exciting through the use of stories. In order to be successful at this, they first need to establish a connection with the children by asking about their family, friends, etc. While teaching they should also keep in mind their body language- should be dressed simply and should look welcoming.



24. **Tree Plantation Drive**

On 23 June, 2018, the Rotary club of Bangalore organized a mega tree plantation. The club took help of forest department and now the forest will be in surveillance of guards 24/7.



25. **Carnival**

Held on 26 June 2018, Subhash Nagar students came to Bannerghatta campus full of enthusiasm, excitement and life. They were taken to different classes as per the groups where they were welcomed happily. There were some kids who only knew Kannada, so it became difficult for the class to keep them entertained. It was clearly visible that they were well disciplined and under control.



26. Craft workshop

On 2 July 2018, the volunteers conducted a craft workshop for the students. It was divided into halves, the first half the students were taught and helped and the second half they were handed over coloured sheets and were taught how to make origami by two volunteers. The students and the volunteers enjoyed doing it.



27. **Drishti Play**

On 5 July 2018, a play was done to raise awareness for the Child sponsorship programme undertaken by CSA. It started in the quadrangle at lunch hour. The main point was to showcase how the non-studying group earned a living. The play ended with a message that everyone should contribute to CSP which can change a student's life.



28. **Animal Welfare Visit**

On 15 July, 2018, the volunteers were divided into groups of four. Prayatna leaders briefed the volunteers about their tasks and how its supposed to be conducted. The people running the dog shelter, Mr. robin and Ms. Aditi addressed the volunteers. Work was delegated by Ms. Aditi. The volunteers helped them to build a fence and make a room for them to play without any disturbances from the mature dogs around.



29. Clean Up Drive and Wall Graffiti

On 22 July 2018, this event was organized by CSA with the participation of the volunteers. Once the volunteers finished the clean up drive, they geared up for wall graffiti. This was done by the CSA to spread the message of environmental protection. This was appreciated by the health inspector and the corporator of the area and they assured to improve the area.



30. **Street play**

On 23 July, 2018, The play was performed which was based on the life of the garbage collectors and the issues they faced. It was done in collaboration with a trust called Samvada. The play got delayed and meanwhile the participants visited a blind school. The principal thanked the event conductors for choosing their college. The play touched each and everyone's heart who saw it and it was a success.



31. Awareness sessions

On 25 July, 2018, an awareness session took place. The aim of the event was to raise awareness among the kids about hygiene and sustainability. The session was covered into three major topics, CONSERVATION, HYGIENE and WASTE MANAGEMENT.



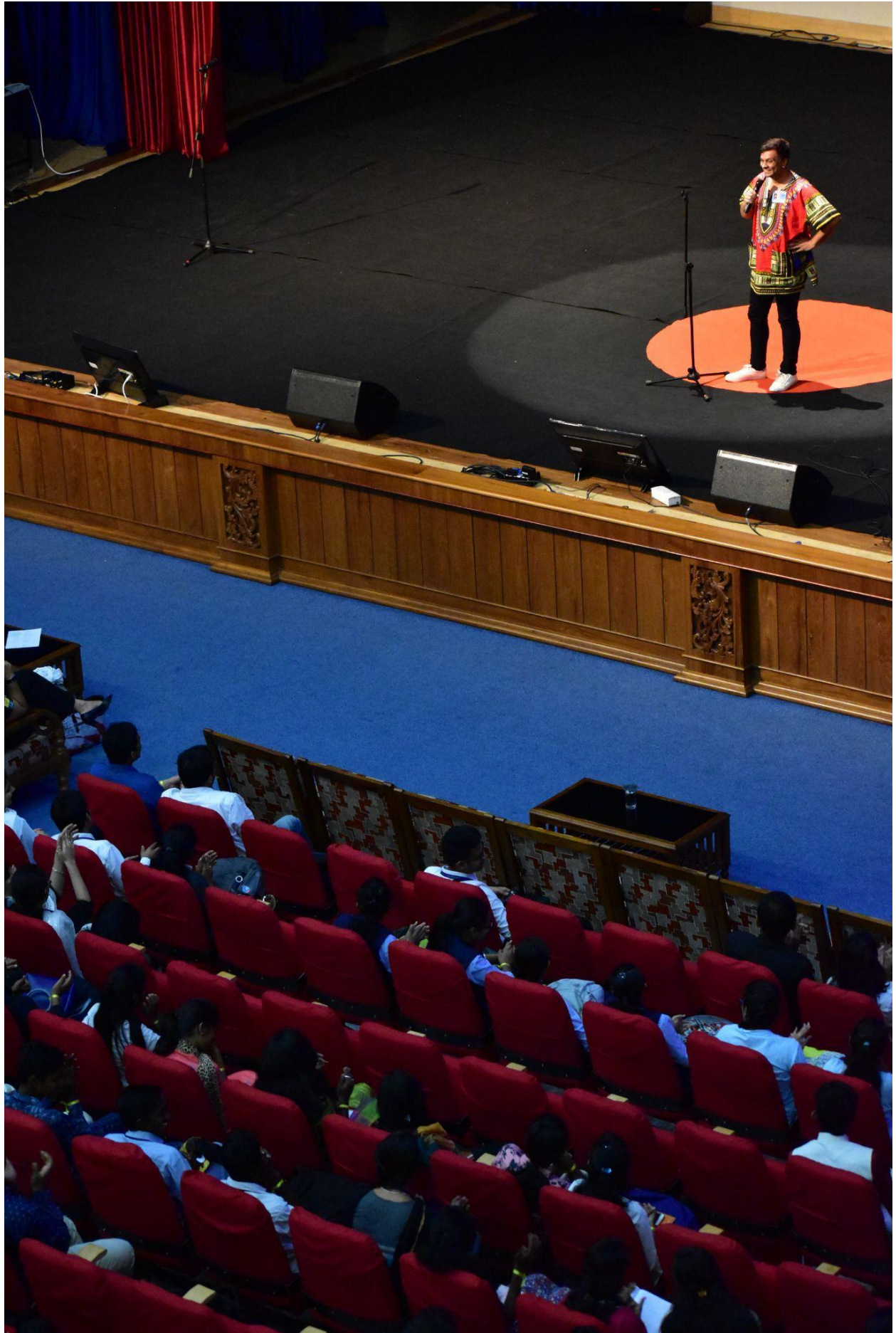
32. STORYTELLING SESSION

On 27 July, 2018 a story telling session was held conducted by The Media and Communication Wing in collaboration with the Activity Centre Wing. The stories chosen to be narrated were ones having a moral lesson attached to them. Even though a lot of kids did not understand English completely, they could relate to the stories because of the way the stories were narrated.



33. **SOCIAL ACTION SUMMIT**

The Social Action Summit 2018 organised by the Centre for Social Action, was the first of its kind, held on Saturday, 28th July 2018 in Christ Bannerghatta Road Campus. Sponsors were present. All the 4 speakers inspired the student community with their experience and work. They motivated students to stride towards social action in daily lives. The speakers stood as the role models for the students, interested in social work.



34. **INDEPENDENCE DAY CELEBRATION**

Celebrations were held on 15th August in our Activity Centre in Tilak Nagar. The kids were taken to a nearby park where they played on the swings. They played among themselves and with the volunteers. There were several performances from the Activity Centre children. They were also given snacks as a part of the celebration.



35. **CLEAN UP DRIVE**

On 19 August, 2018, a clean up drive was organized to clean the Bannerghatta National park. The volunteers were divided into six groups of 4 members each. Conducting new types of clean up drives gives exposure to the volunteers. It helped in creating a positive impact on people and felt good as the volunteers could contribute towards the betterment of the environment.



36. The Silent drama of Photography

Conducted on 25 August, 2018, a photography workshop was conducted by Soham Sarkar. The aim was to educate volunteers about how to come up with a narrative of the picture they had clicked. A discussion was held, Soham showcased his pictures on black and white photography and motion photography and gave the audience a few tips that have to be followed.



37. Nature Walk

Held on 26 August, 2018, students were taken for a walk in nature at Ramanagar. While on the trek, the students were asked to observe three elements: religious, cultural and environmental. The aim was to understand the community and the environment they live in.



38. **Street Play**

conducted on 29 August, 2018, Drihti performed a play in a rural area. The play tackled problems such as domestic abuse, alcoholism, women empowerment, family sustainability, and parenting. It also incorporated regional languages like Hindi, Kannada and Tamil, modifying popular songs as slogans.



39. **Rural exposure camp**

It was held from 31st August to 2nd September, the rural exposure that was conducted aimed at various aspects of the rural area of Kolar. With clean up drives, sensitization plays, visits to government schools and houses, the exposure aimed at getting more information about the area to mold effective future events as well as interact with the villagers.



40. **Teacher's Day Celebration**

The Teacher's Day celebration was held on 5 September 2018, Activity Centre conducted this celebration to celebrate the role of teachers, including CSA volunteers in the lives of the children.



41. **Parivartana Unit Visit**

6 September 2018 witnessed the unit visit that aimed at educating volunteers about the importance of the unit, the functions and responsibilities of the unit as well as how volunteers can help with waste management.



42. **Cultural Day**

On 9 September 2018, BGR and kengeri campuses collaborated to conduct the cultural day. The event focused on interacting with the children from Subhash and Tilak Nagar.



43. **Clean up drive**

On 15 September, 2018, a clean up drive was organized in Majestic Railway station. Clean up drive was organised by AIESEC Bangalore and Eco Watch in association with Centre for Social Action on the occasion of World Clean-up Day. Along with clean ups, CSA volunteers, AIESEC members, small kids and senior railway officials also participated in a march from the south western railway office to the railway station.



44. Reflections

On 16 September 2018, With 15 volunteers we had set off towards K.R. Market at 6.45 am in the morning. The theme for the event was “the secret tales of wars”. The volunteers interacted with or observed various people in the market to come up with their content.



45. **Mukthi rally**

27 October- 29 October 2018- Mukthi Rally is an initiative by Oasis India which aims at spreading awareness about human trafficking and various other forms of abuse. It is a bike rally that stretches from Bangalore to Mumbai in order to spread the word. The theme of the play was Human trafficking and drug abuse. The play portrayed how these various forms of abuse decays the society.



46. **Children's Day Celebration**

14 November 2018- This event was organised in Subhash Nagar and Tilak Nagar Project areas. The day was celebrated at 2 schools in Subhash Nagar and with the Activity Centre kids at Tilak Nagar. Of the 2 schools covered one was Kannada medium school while the other was Urdu medium school. The volunteers performed a dance for the kids.



47. **Sports Day**

The Sports Day was held on 25th November 2018, sports day was conducted with 145 participants and children of the project areas to interact with them and engage them in healthy sports competitions.



48. **Sustainability week**

From 27 November 2018- 1 December 2018, The main agendas chosen for this week were: Save water, Save electricity, Reduce wastage of food, and Waste segregation. Events such as cup writing, earth hours, etc. were conducted to fulfill these objectives among other events.



49. **Gracias**

On 3 December 2018, Gracias, an annual thanksgiving event of CSA where the children, as well as the guests, perform to show love and gratitude, was conducted. Around 850 kids from target areas attended gracias. The event included lamp lighting, prayer, speech by Vice-chancellor, Father Thomas C Mathew sir, and inaugural dance. The kids from the target areas performed a beautiful dance and prepared a play on protecting the environment. The highest sponsoring classes from all three campuses were awarded, followed by a talk from the chief guest, K. Annamalai, DPS of Karnataka South, and a show by Mr Surya, a renowned magician.



50. **Sashakta Mahila Sangama (SHG Mela)**

On 9 December 2018, Christites performed a classical dance as a part of the inauguration ceremony, after the arrival of the women from the project areas. It was followed by the lighting of the lamp, welcoming and addressing the gathering. Dr Meenakshi Bhagat, the chief guest, conducted an interactive session about maintaining health and hygiene, focusing on menstrual hygiene and against the usage of plastic. Mr Sharath Gowda of Canara Bank provided financial advice to the women. The outdoor events were initiated with a flash mob dance performance and with all the women participating in at least one event. The women later engaged in cultural programs and shared their experiences and aspirations.



51. **Christmas Celebrations in AC**

On 20 December 2018, the student-volunteers were very excited about the activities that awaited them. They played Christmas songs and other fast hits, which got all the children onto their feet. A series of games were planned for the kids by the 1st year volunteers. The games included dumb charades, recognising the picture by seeing only its half, drawing a hat for the Santa blindfolded and Santa Says. The kids enjoyed their day and received Christmas gift hampers. Volunteers suggested making the games more fun and engaging for the students.



52. **Drishti Play**

On 21st December 2018, several plays were performed based on the theme 'Education', at three different spots of Jayanagar and J. P. Nagar, inhabited by the lower-class and under-educated people. They were performed in Kannada for the localities to understand easily.



53. **New Year Celebration**

On 6th January, 2019, an event was organized for the kids by the Activity Centre on the occasion of New Year. Children from all the project areas were part of this event, and were divided into teams for activities. Kids played outdoor games like dodgeball, cross the river, etc. There were performances by volunteers for kids in the open amphitheater. Stationery kits were distributed to students at the end of the event.



54. **Animal Welfare Visit**

On 20th January, 2019, Prayatna in collaboration with People for Animals Wildlife Hospital and under the guidance of Colonel Dr. Nawaz Shariff, the General Manager of the organization, conducted an animal welfare visit. There he discussed the issues relating to animal safety and how citizens can help the wildlife by being aware about it. Later, the volunteers were divided into groups and were taken for a tour to the rescue centre. The event ended with a clean up drive.



55. Drishti Play

On 26th January, 2019, Drishti (CSA) in collaboration with Saahas organized a play at Lalbagh. Two plays were performed at West Gate and Glass House respectively. The plays focused on how proper waste disposal by citizens is essential and how improper garbage disposal spreads diseases.



56. Workshop on Road Safety and First Aid

On 31st January, 2019, a workshop on Road Safety and First Aid was conducted by Mr. Mangesh Raut from MASH. Many discussions and interactions were held along with volunteers regarding the road safety and first aid measures. The workshop gave volunteers an idea about how to deal with complex situations with minimal resources.



57. **Rural Exposure Camp**

From 25th-27th January, 2019, a rural exposure camp was organised collaboratively by all three Bangalore campuses. The volunteers reached the Base Camp and an orientation was held for the volunteers explaining the current scenario and the progress in the development of Kolar. The volunteers left Base Camp and headed for Kannampalli, a village which is situated 12 kms from Andhra Pradesh border. The volunteers were divided into groups to conduct a survey to understand the residents' condition in the village. The volunteers also spread awareness of Ayushman Bharat Yojana, importance of hygiene, education and the need to use purified water. Later, several team building activities were conducted. The event concluded with a vote of thanks to the staff who helped in this initiative.



58. **Social Responsibility Week**

From 23rd February - 1st March, as part of SRW, various events were conducted including Hunt Em Down, Fox Vogue (based on the elements of Plastic and toxicity and its relation to the environment.), Eco-preneur(tests the entrepreneurial skills of participants on the mission to save our earth), etc.



59. **Parihaara**

Parihaara is a clean-up drive conducted on 10th February 2018 by CSA (Centre for Social Action) in collaboration with various NGOs in Bangalore and all three campuses of Christ (Deemed to be university). The clean-up took place at more than 10 different spots in and around JP nagar and Jayanagar simultaneously. Around 40 students designed graffiti as well to spread awareness among people and also let the volunteers bring out the artists in them. Vibrant colors adorned the once pale and dirty walls. The clean-up spots were visited by the local MLA and residents and the work was much appreciated.



60. **International Yoga Day celebration**

On 21st JUNE 2018, Centre for Social Action (CSA), Kengeri Campus organized a session on Yoga in collaboration with Decathlon, Mysore Road at SFS Public School, Ramohalli, on the occasion of International Yoga Day. A total of 40 children participated in this practice session, including kids residing within SFS School campus. Ms. Manasa (Professional Yoga Instructor) along with 3 trainers as part of Decathlon headed the session. The event helped impart knowledge and significance about Yoga and its health benefits and also taught a few exercises that the children could incorporate in their daily routines. The event caters to the Sustainable Development Goal of 'Good Health and Well Being' through promoting the indigenous practice of Yoga and the lifestyle and health benefits that come with it.



61. **International Women’s Day Celebration**

On 21st June 2018, Centre for Social Action (CSA), Kengeri Campus organized a session on Women Empowerment program with the theme of “Work Yourself, Manage Yourself” was conducted at CHRIST (Deemed to be University). Mr. Magnesh Rawat, trainer at MASH Project was invited. This session was followed by a session for female students. The main motive of the campaign was to generate awareness and knowing how to take quick decisions in an accident spot just to make sure no lives are lost just because of lack of preliminary aiding knowledge. The event caters to the Sustainable Development Goal of ‘Gender equality’



62. BLOOD DONATION CAMP

On September 12th, 2018, There were four major blood banks present on the day of the drive: Red Cross, NIMHANS, Lions Club and St. John's Hospital. Their staff reached the venue; i.e., The Open Auditorium, at 9am and the drive was started by 10 am. Each bank was assigned a set of CSA volunteers for coordination. The main blood donors were the students and teachers of CHRIST. Around 500 applications were received and precisely 315 units of blood of various groups was collected. The drive took place for a stretch of approximately 6 hours. By the end of the drive, Lions Club presented the volunteers of CSA with a trophy for the hard work and effort put into making the drive an accomplishment. The drive helped the students and faculty make an estimate of their health as many did not fit the criteria to make a donation. The support from the management of Christ, the response from the blood banks, and the zeal shown by the volunteers of CSA resulted in an outcome so positive that it inspired CSA to organize many more such events and drives. This aligns with Sustainable Development Goal 3 - Ensure healthy lives and promote well-being for all at all ages, where the health and well being was not only ensured through the donations but as well as promoted through the awareness caused by it.

