



#### CSA Annual Report 2020-2021

The Centre for Social Action is the development-action wing of CHRIST (Deemed to be University). Operating on the principles of Sensitisation, Awareness, and Empathy, the volunteer body is one of the 5 pillars of CSA. The volunteer body operates through 4 wings and 1 project. These are Activity Centre, Drishti, Prayatna, Media and Communication and Project Mātram.

#### **Activity Centre**

The Activity Centre focuses on the overall development of the children in our project areas. AC volunteers help the kids of our project areas to have a better after-school experience filled with learning and fun activities.

#### Drishti

A wing that aims to sensitize people through visual and audio art-Drishti acts to impact. Drishti spreads awareness through forms of theatre, primarily street theatre. What differentiates Drishti from other theatre teams is that it is a non-competitive team, thus solely focused on acting for a cause.

#### Prayatna

Prayatna, meaning effort, is an effort towards a more sustainable world. Volunteers are engaged in nature walks, clean-up drives, visits to animal shelters, and various other campaigns. Further, they are actively involved in the Parivarthana Unit- the waste-management unit on campus.

#### **Media and Communication**

The Media and Communication wing aims to sensitize people about various social issues through tools of media. The wing is also involved in the documentation of all events and promotes the organisation's work through the medium of visual and verbal communication which are writing, photography, and videography. As a wing, we also promote CSA and its activities inside and outside Christ University.

#### Project Mātram

Project Mātram focuses on spreading awareness about substance abuse in the 3D project area. This year, the project focussed on sensitizing volunteers on various issues related to substance abuse and on building modules.

#### **Project Yuva**

Project Yuva focuses on spreading awareness about menstruation and sustainable menstrual practices. Yuva conducts various workshops and interactive sessions to break the stigma around menstruation and educate others about it. This year also focussed on involving more males in these discussions.

#### **Overall**

#### Commemoration of the UN's 75th anniversary

In honour of Christ University's Centre for Social Action's partnership with the UN, CSA organised an event on 24th October to celebrate its partnership and the 75th anniversary of the UN. Dr John Samuel, the chair of the Asia Democratic Network, Seoul and President of Trancivic Institute of Sustainable Development and Governance, Bodhigram and the National Centre for Advocacy was the keynote speaker.

#### **SDG Goals:**

SDG 17- Partnership for the goals

SDG 16- Peace Justice and Strong Institutions



**SDG Conference 2020** 

The SDG Conference 2020 was held on 12th and 13th November 2020 to memorialize the unity of CSA and UNDP to tackle the Sustainable Development Goals 2030. The theme was 'Education as a propelling force towards SDG Goals -5,6,7,17' and the event consisted of paper presentations across both days and a panel discussion on the second day.

#### **SDG Goals:**

SDG 4: Quality Education

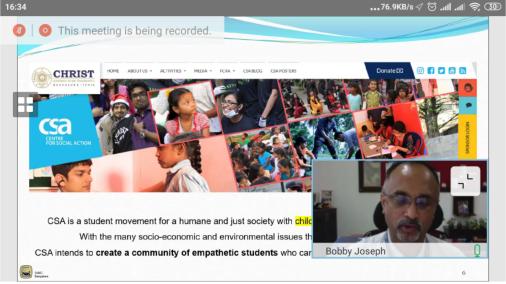
SDG 5: Gender Equality

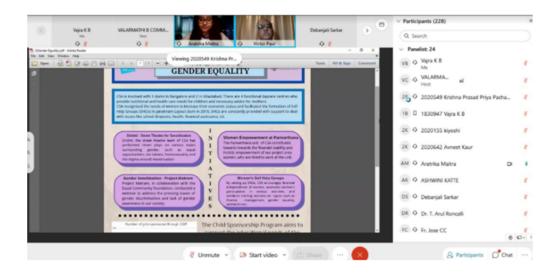
SDG 10: Reduced Inequalities

SDG 17: Partnership for the Goals

SDG 16: Peace Justice and Strong Institutions





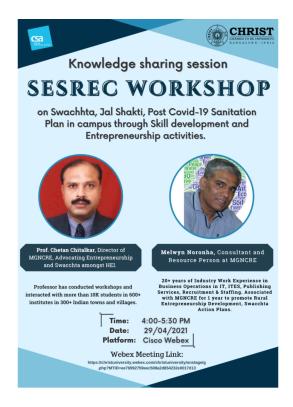


## Social Entrepreneurship, Swachhta and Rural Engagement Cell (SESREC) Workshop

The workshop was conducted on 13th January 2021 and covered what SESREC is and how it is a certification for institutes who work towards SESREC action plan. The speaker Mrs. Tuti Sandhya addressed the challenges faced and solutions implemented with respect to social entrepreneurship. Another workshop was conducted on February 13th to explain about the SESREC Action Plan competition at the cluster level.

#### **SDG Goals:**

GOAL 4: Quality Education

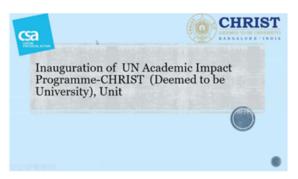


# **United Nations Academic Impact Programme 2021**

This was an event conducted by CSA and Christ (Deemed to be University) on 8th February 2021 to highlight all activities that came under the purview of SDGs (Sustainable Development Goals) associated with UNAI 2021. Mr. Saji Thomas, a former UN Civil Servant, UNHQ, New York delivered the keynote address and offered students knowledge regarding the available internships, scholarships etc. The University was awarded a certificate signifying the official collaboration with the United Nations (UN).

#### **SDG Goals:**

SDG 17- Partnership for the goals

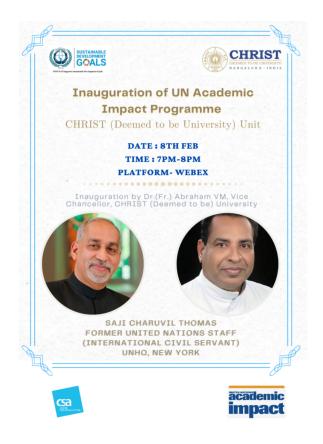










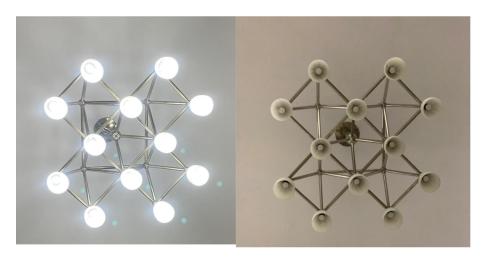


#### **Energy and Water Audit**

As a part of SESREC, Energy audit was conducted on 21st, 22nd and 23rd March 2021 on campus observing the energy usage levels across various blocks on campus in collaboration with the Department of Physics and its students. Water audit was conducted on 8th April 2021.

#### **SDG Goals:**

GOAL 12: Responsible Consumption and Production





# **Community Development Programme (CDP)**

As an alternative to CSP(Child Sponsorship Programme), CDP was implemented in the academic year 2020-21 to provide rations and essential kits to the community in CSA's project areas. Promotions for CDP happened both online and offline from February to April 2021.

# **SDG Goals:**

GOAL 2: Zero Hunger

GOAL 3: Good Health and Well-being



# <u>Prayatna - Vyaan</u>

An online introspection session was organized on 23rd September 2020 to highlight the increase in technological reach in contrast to greenery. Fruitful discussions and activities around tackling the change was moderated by a senior volunteer.

#### **SDG Goal:**

GOAL 13: Climate Action

#### Parivarthana Exposure

This was the first offline event of the academic year and it was conducted on 6th February 2021. The event aimed at familiarizing new first year volunteers with the Parivarthana Unit on campus and introducing them to the offline CSA mode of working.

#### **SDG Goals:**

GOAL 6: Clean Water and Sanitation

GOAL 11: Sustainable Cities and Communities

GOAL 12: Responsible Consumption and Production



# **PLANT-A-THON**

This event was conducted on 28th February 2021 and was jointly organized by different campuses to raise awareness about forest fires. The participants ran 5 kilometers for a cause that needed urgent attention. A certificate of participation was provided to every runner who completed the distance. Along with this a sapling will be planted in their name.

#### **SDG Goals:**

GOAL 13: Climate Action

#### GOAL 15: Life on Land



#### Parivarthana March and Women's Day Celebration

The events were conducted on March 31st 2021. The March aimed to create awareness among Christites to keep the campus clean, green and plastic free, and to further the motto of a Zero Waste campus. The Women's Day Celebration is an annual programme organised by volunteers as a token of appreciation and gratitude towards the women working at the Parivarthana Unit.

#### **SDG Goals:**

GOAL 11: Sustainable Cities and Communities

GOAL 12: Responsible Consumption and Production

GOAL 13: Climate Action



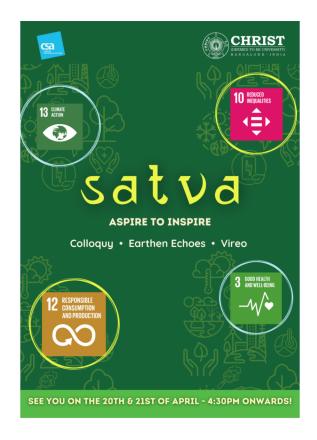
#### Satva

A two day event Satva was conducted on 20th and 21st April 2021 to raise awareness about the origins of Prayatna, as well as how one can apply the learnings and experiences that a CSA volunteer comes across in real-life settings which involved discussions and various games within a span of two days.

# **SDG Goals:**

GOAL 4: Quality Education

GOAL 4: Quality Education



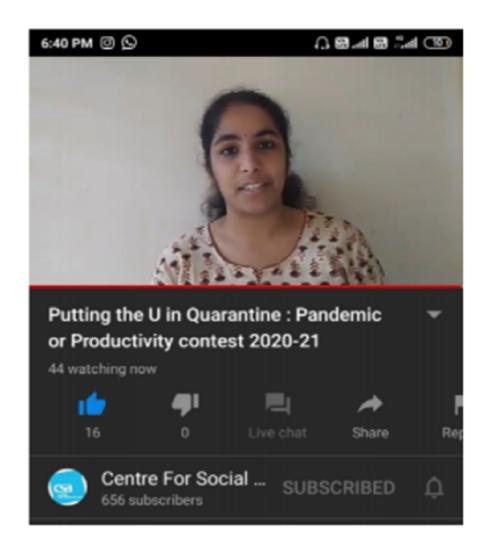
# **Drishti**

# **Drishti Concept Video**

The concept video was released on 18th May 2020 focussing on the theme of mental health which was a relevant topic during the lockdown of the Covid-19 pandemic. The volunteers scripted and acted from their own homes and compiled it all together making a full concept video.

#### **SDG Goal:**

GOAL 3: Good Health and Well-being



#### **Tamasha**

Tamasha was a theatre fest held from 8th June to 14th June 2020 focussed on "Celebration of Theatre for a cause". Tamasha was a collaborative event with the Drishti from Bhannarghatta and Kengeri campus' Drishti teams. It included contests, online live interviews, a group discussion and a webinar on how to create socially relevant theatre.

#### SDG Goal:

GOAL 17: Partnerships to achieve the Goal





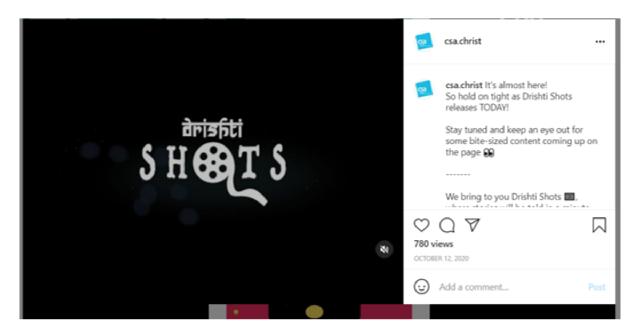
Drishti shots, which aims to deliver bite-sized content for the social media audience in order to sensitize them on various social issues, released their first video out of a set of 9 videos on 12th October 2020. The other videos continued to go up on a weekly basis.

#### **SDG Goals:**

GOAL 3: Good Health and Well-being

GOAL 4: Quality Education

GOAL 5: Gender Equality



#### Katha

Katha was a story-telling event conducted on 29th January 2021 that allowed attendees to listen to various stories of volunteers who signed up. Exploring the story element of theatre, the event allowed attendees to get exposed to various life experiences and perspectives on life.

#### **SDG Goal:**

GOAL 3: Good Health and Well-being



#### Radio Drama

Drishti's Radio Drama was a podcast named "Beta, what's a Hashtag?" which tells a story about differences in technology with different generations and differences created at a wedding reception. It also touched upon various social issues in society like Sustainable living, and stereotypical thinking of various people of different age groups through the eyes of a young boy. It was released on 17th April 2021.

#### **SDG Goals:**

**GOAL 4: Quality Education** 

GOAL 5: Gender Equality

GOAL 11: Sustainable Cities and Communities

GOAL 12: Responsible Consumption and Production





#### Media & Communication

#### **Peer Learning Programme**

The Peer Learning Programme was started on 23rd August 2020 to engage the new volunteers during the pandemic for mainly 3 reasons, learning media

related skills used in M&C, engagement of a larger group of volunteers and making the volunteers familiar with the working environment of CSA, particularly M&C. It was mainly focused on teaching and learning the media skills which are used in M&C which are Photography, cinematography, video editing, writing and designing.

#### **SDG Goals:**

#### GOAL 4: Quality Education

#### GOAL 17: Partnerships to achieve the Goal

#### **Tap for Change Campaign**

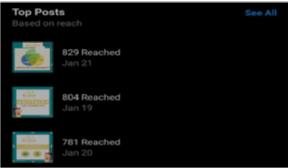
Tap for Change was a campaign conducted from 17th January to 24th January 2021. The campaign was promoted on the official page of CSA (@csa.christ). The campaign was based on the theme – "Sustainable Living" and was called the #Saveityourself (#SIY) campaign. The campaign focused on creating awareness and spreading the word about sustainable living. The team made use of the features on Instagram including posts (7), reels (4), stories, podcasts and interactive sessions as well.

#### **SDG Goals:**

- GOAL 11: Sustainable Cities and Communities
- GOAL 12: Responsible Consumption and Production

#### GOAL 13: Climate Action







#### **Chat Over Coffee**

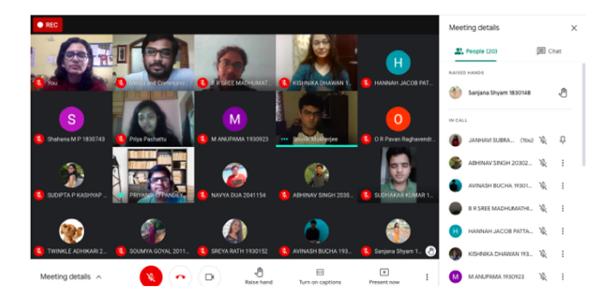
A discussion session over coffee was conducted on 21st February 2021 on the topic "Food as a social construct", followed by another session on 8th April 2021 which was on the topic 'Is fashion in fashion'. A safe space to share various views allowed volunteers to have healthy discussions.

#### **SDG Goals:**

GOAL 3: Good Health and Well-being

GOAL 4: Quality Education





# **Abhivyakti**

Abhivyakti was a 3 day event conducted on the 23rd, 24th and 25th of April, 2021. The theme of this year's Abhivyakti was Demystifying Sustainable Technology! The event provided a platform for CSA volunteers and Christites to showcase their creativity in the domain of social sensitization and change through various competitions and workshops.

#### **SDG Goals:**

GOAL 11: Sustainable Cities and Communities

GOAL 12: Responsible Consumption and Production















# #ALLFORTHEGRAM

#### AN EPIC SHOWDOWN OF CREATIVITY

Create Your own Instagram Page

PROMPT - PICK AN INDIAN STATE AND SHOWCASE THEIR CURRENT COURSES
OF CLIMATE ACTION (TRADITIONAL PRACTICES/UNCONVENTIONAL ONES), AND
POTENTIAL FUTURE PRATICES.

#### **INSTRUCTIONS:**

MINIMUM NUMBER OF POSTS - 3 TO 9

THEME: ENVIRONMENT AND TECHNOLOGY

SPECIAL MENTIONS TO USE OF INSTAGRAM STORIES (HIGHLIGHTS)

AND INTERACTIVE ELEMENTS

PARTICIPANTS HAVE TO USE #ABHIVYAKTI2021 WHILE POSTING.
ADHERENCE TO THEME OF SENSITISATION IS A PRIORITY







Are you the Ultimate Grammer?? Do tags, posts and stories woo you?

**DEADLINE: 25 APR 11:59PM** 

SANJANA: 9964009900

SUPRIYA: 7899068181

# TECH-NO-SHOW

#### A celebration of life through lens



Do you ever think of taking a break from your buzzing phone? Well then, keep your cameras and creative cells charged!

PROMPT - Imagine a day in your life without any technology

#### **INSTRUCTIONS:**

 -A collage of 8-10 pictures can be submitted in the form of a poster aimed at sensitisation.
 -A short description of about 100 words needs to

be submitted describing the collage
-The pictures must be original

-Adherence to theme of sensitisation is a priority

DEADLINE: 25 APR 11:59PM

SANJANA: 9964009900 SUPRIYA: 7899068181















ADDING PERSPECTIVE TO THE REALITY OF THE WORLD

CAN YOUR VOICE TAKE THE REINS OVER YOUR ACTIONS?
EMBARK ON A JOURNEY TO DISCOVER THE PERFECT HARMONY
BETWEEN VOICE AND ACTION.

PROMPT - IMAGINE IT'S THE YEAR 2030, THE CLIMATE CLOCK IS DONE TICKING. WHAT'S OUR WORLD LIKE: SUSTAINABLE OR DYSTOPIAN? CREATE YOUR OWN WORLD.

#### INSTRUCTIONS

One video per submission (Can be individual or in pairs)

Duration - 30 to 60 seconds.

CSA guidelines to be followed

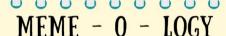
Theme - Development of technology for convenience and sustainability

Adherence to theme of sensitisation is a priority

**DEADLINE: 25 APR 11:59PM** 

SANJANA: 9964009900 SUPRIYA: 7899068181

#ABHIVYAKTI2021



DO YOU JUST SHARE MEMES OR DO YOU SPEAK MEMES?

PROMPT - INEQUALITY/ NON- SUSTAINABLE PRACTICES IN OUR LIVES

INSTRUCTIONS

- 1. UPTO 3 MEMES CAN BE SUBMITTED FOR EVALUATION.
- 2. THE MEME MUST BE ORIGINAL AND RELATED TO THE TOPICS.
  (NO ONLINE TEMPLATES TO BE USED, MAKE YOUR OWN

(NO ONLINE TEMPLATES TO BE USED, MAKE YOUR OWN MEME, LITERALLY!)

- 3. OFFENSIVE CONTENT IS BARRED AND SLURS CANNOT BE USED.
  - 4. CSA GUIDELINES NEED TO BE FOLLOWED.
- 5. A 50-100 WORD WRITE UP NEEDS TO BE TURNED IN, EXPLAINING HOW THE MEME PLAYED A ROLE IN SENSITISATION.
- 6. ADHERENCE TO THEME OF SENSITISATION IS A PRIORITY

DEADLINE: 25 APR 11:59PM

SANJANA: 9964009900 SUPRIYA: 7899068181

#### **Activity Centre**

#### **Share your AC Story**

Share your AC story was the first event that was conducted from 19th-21st June 2020 where AC volunteers shared their experiences as an AC volunteer on Instagram. It was a means to look back on all the things that they've learnt through their interaction with the children of the project area.

#### SDG Goal:

GOAL 4: Quality Education



(A snapshot of the stories that went up in Instagram)

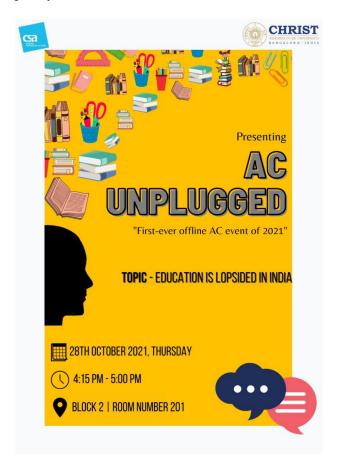
# AC unplugged

AC unplugged was a new initiative started on 16th January 2021. It was an outlet for volunteers to discuss and give their opinions on contemporary issues mostly related to education in urban and rural India and come up with solutions that can be implemented by the students of our society.

#### **SDG Goals:**

GOAL 4: Quality Education

# GOAL 10: Reduced Inequality



#### Kaun Banega Genius?

In collaboration with Angel Foundation and through an organisation called ConnectFor our volunteers engaged with the children of the foundation in fun games and quizzes. This was the first interaction that AC volunteers had with children since the commencement of the pandemic. The event was conducted on 25th October.

#### **SDG Goals:**

GOAL 3: Good Health and Well-being

GOAL 4: Quality Education

#### **AC Sessions**

Teaching sessions with the project area kids were conducted over call with the help of AC volunteers.

#### **SDG Goals:**

GOAL 4: Quality Education

GOAL 10: Reduced Inequality

#### Project Mātram

#### **Social Media Campaign on Addiction**

A three-day Instagram campaign on General Addiction was organised from 29th to 31st May 2020. This included a webinar on "Coping with Substance Abuse during Quarantine" by Dr. Smitha.

#### **SDG Goals:**

GOAL 3: Good Health and Well-being

GOAL 12: Responsible Consumption and Production

#### Gender sensitization Webinar and Module

A Gender Sensitization Webinar in collaboration with Equal Community Foundation was conducted on 25th September 2020. The panelists differentiated Gender and Sex and encouraged students to think of instances where they faced inequality in their personal lives. The students discussed these issues and how this affects the world around us. Two modules on the topic of Gender sensitization have been completed.

#### **SDG Goals:**

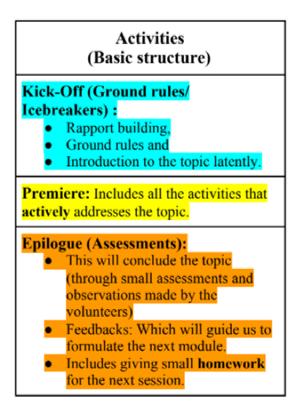
GOAL 4: Quality Education

GOAL 5: Gender Equality

GOAL 10: Reduced Inequality



#### **Basic Module Structure**



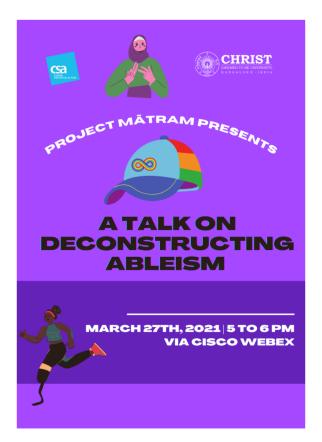
#### Mātram Over Coffee

Mātram Over Coffee sessions were conducted on the topic 'Juvenile Delinquency' and 'Deconstructing Ableism' on January 15 2021 and March 27 respectively. The sessions allowed volunteers to gain different perspectives and voice their opinions in the form of a healthy discussion.

#### **SDG Goals:**

GOAL 3: Good Health and Well-being

# GOAL 4: Quality Education



# Virtual Mātram Camp

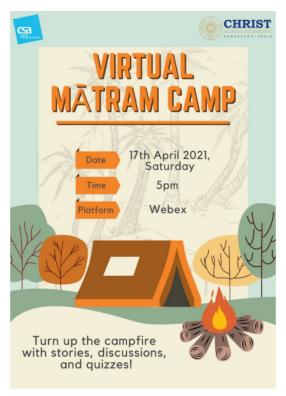
Mātram Camp is an annual event organised by Mātram volunteers for children from project areas. This year, due to the pandemic, Mātram conducted its first ever session 'for volunteers by volunteers'. It was conducted on 26th April 2021.

#### **SDG Goals:**

GOAL 4: Quality Education

GOAL 5: Gender Equality

GOAL 10: Reduced Inequality





# **Project Yuva**

Webinars on Sustainable Menstruation

The event was conducted on 26th August 2020. Experienced medical practitioner and Founder of the Rnisarg Foundation, Dr.Lata Ghanshamini, conducted the webinar and addressed the students regarding the topic. Another webinar was conducted on 23rd January focusing on 'Making Low Cost Pads' conducted by Ms. Kala Charlu.

#### **SDG Goals:**

GOAL 3: Good Health and Well-being

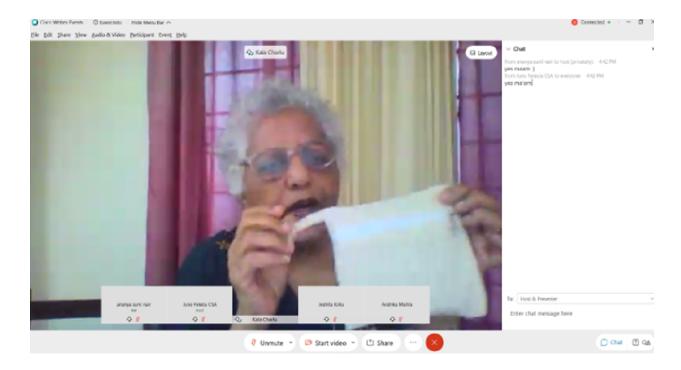
**GOAL 4: Quality Education** 

GOAL 9: Industry, Innovation and Infrastructure

GOAL 11: Sustainable Cities and Communities

GOAL 12: Responsible Consumption and Production





# **Reels and Mythbusters for Social Awareness**

Instagram reels were made regularly by volunteers to create awareness about menstruation and elements associated with it. Many myths related to menstruation were also busted on Instagram after taking doubts on Google Forms from volunteers.

#### **SDG Goals:**

GOAL 3: Good Health and Well-being

GOAL 4: Quality Education

GOAL 5: Gender Equality





# **Talk Period**

Interactive session on period poverty and busting myths around sustainable menstruation, menstrual health and hygiene. It was held on 26th April 2021

# **SDG Goals:**

GOAL 1: No Poverty

GOAL 3: Good Health and Well-being

GOAL 4: Quality Education



#### Alochana

Organized by the media and communication wing of the campus, it involved the promotion of short films from the september 4th. The short film "Alochana" was released on the 7th of september, crossed 4k views on IGTV and 603 views on youtube. It was a great learning opportunity especially for the first year students.

#### SDG Goal:

**GOAL 4: Quality Education** 

#### Disability awareness week

This was an online event conducted by the M&C wing and the activity center. It was a 5-day long campaign from September 21st - 25th, 2020 on Disability Awareness Week called **Urja**. The main motive behind conducting the event was twofold; one to sensitize people and the other was to promote inclusivity. A sign language workshop was also conducted on the same lines.

#### **SDG Goals:**

**GOAL 4: Quality Education** 

GOAL 10: Reduced Inequality

**Overconsumption Story Campaign** 

A total of 9 stories were posted on Instagram from 19th october 2020, depicting the overconsumption of resources in cosmetics, the agricultural industry, and animal husbandry. It was a one-day sustainable consumption campaign, which taught how the problem of pollution is all-

pervasive.

**SDG Goals:** 

GOAL 11: Sustainable Cities and Communities

GOAL 12: Responsible Consumption and Production

**GOAL 13: Climate Action** 

Avyanna Campaign

It aimed to create sensitivity about body shaming and societal constructs of beauty which hamper self-love and self-care for many individuals. On Instagram, content like stories, reels, and videos about the reasons behind Acid Attacks and the consequences that survivors have to face, as a result, was posted, on 10th november 2020, with one of the reels receiving 7000+ views on Instagram. The first-year volunteers and representatives learned a lot theoretically and practically.

**SDG Goals:** 

**GOAL 4: Quality Education** 

Children's day Celebrations

The event started around 10.00 AM on 14th November 2020 on the Google meet platform, and around 35 People were present. The event began with a dance performance by volunteers for the kids. It connected the volunteers with kids as they interacted and talked about their studies.

SDG Goal:

GOAL 10: Reduced Inequality

GOAL 4: Quality Education

**SAMANYA** 

In the year 2020, amidst lockdown, the cases of domestic violence have reached their peak. Marital rape was not even considered a crime. However, it started to increase immeasurably.

Therefore, on behalf of CSA, Drishti volunteers made a short film to raise awareness and

sensitize people on 27th november 2020.

**SDG Goals:** 

GOAL 4: Quality Education

GOAL 5: Gender Equality

GOAL 10: Reduced Inequality

**Buddy Learning Program 2.0** 

The CSA BGR's peer-to-peer learning programme, Buddy Learning Program 2.0, was the second

version conducted from 15th January to 22nd January, 2021. The programme lasted a week, with

volunteers skilled in a variety of exciting abilities sharing their knowledge with their peers via

online seminars lasting 40 minutes each day for a week. This program enables instructors to

share their knowledge and skills, and volunteers to acquire a skill that will enable them

contribute to CSA more efficiently while also allowing them to apply these skills in their daily

lives. The event drew a total of seven instructors and more than fifty volunteers. As part of

CSA's work toward sustainable development goals, participants are taught skills to assist them

achieve them.

SDG Goal:

**GOAL 4: Quality Education** 

**Socially Ideated** 

The Centre for Social Action organized Socially Ideated on 23<sup>rd</sup> and 24<sup>th</sup> January, 2021 to

encourage social entrepreneurship. It was a two-day event with 27 volunteers from various

committees and around 420 attendees. It began with a series of speakers and a pitch presentation.

They talked on how social entrepreneurship is the need of the hour and shared their own

experiences. We had three distinguished speakers. Mr. Prateek Khandelwal, Ms. Jazzmine, Ms.

Sharad Vivek Sagar The incubation centre announced the winners. The 'Rent-a-charge' team

took first place in the competition. They wanted to increase the number of electric vehicles on

the road.

**SDG Goals:** 

GOAL 4: Quality Education

GOAL 11: Sustainable Cities and Communities

GOAL 12: Responsible Consumption and Production

Granecdote

The Granecdote event on 14th was conducted on Google Meet and the volunteers held two

interactive games for the participants. The purpose of the event was to raise awareness among

the kids about how grandparents have a significant impact on their development. With the total

of 31 attendees and 16 volunteer the event lasted three days and included stories spoken in a

terrible little tales style, as well as facts about Grandparents Day. The volunteers and other

members of the audience were able to spend quality time with their grandparents as a result of

this event.

**SDG Goals:** 

GOAL 4: Quality Education

GOAL 16: Peace and Justice Strong Institutions

Plant-A-Thon

Plant-A-Thon was a virtual marathon organized on 28 February, 2021 to create awareness about

the deadly consequences of Forest Fires. Logo reveal video, promo video, teaser video, and reels

were posted to create hype, build curiosity and ensure maximum reach of the event. Logo reveal

videos for all our collaborators were designed and shared with them. Stories covering benefits of

running, memes related to forest fires, About-plant-thon were shared. 470 saplings would be

planted in monsoons on behalf of the runners and that is a great number given the current

situation.

**SDG Goals:** 

GOAL 11: Sustainable Cities and Communities

**GOAL 13: Climate Action** 

GOAL 15: Life on Land

#### **The Coronacation Diaries**

The event was a sequential journey of coronavirus and unraveling the human psyche through it was depicted through posts which were done with the help of 10 volunteers. Several stories, quizzes and polls, Myth busters, and general facts and positive stories throughout the world were posted from 21 March – 8 April 2020. A post of 'The Bi-fold Corona" was also posted depicting the bi-directional effects of the Pandemic. A post of 'Stuck-Home Syndrome" was posted depicting the possible ways of engaging oneself productively in this Pandemic. And a post of the "Pundemic" series was posted in which several puns were made to relate to this Pandemic and made relatable to our current situation The course of the event was organized by the Media and Communication init on Instagram. The inclusion of quizzes, polls, and Pundemic series was an interactive way to engage many audiences. The event reflected on Good learning and research opportunities during quarantine. Mostly all the aspects of this Pandemic were covered.

#### **SDG Goals:**

GOAL 3: Good Health and Well-being

**GOAL 4: Quality Education** 

#### Earth Honour (Earth Day Campaign)

It was an "Open-Input-Activity' event was conducted where submissions on the topic 'Climate action' were allowed. A post on the description of the Prayatna wing was put up. A post depicting CSA's Climate Action Initiatives was also put up. A post depicting four events of Prayatna like Unwrap, Waste Segregation Week, Seed Ball Drive, and Clean-up drives was put up. Stories depicting the journey of the celebration of Earth day and sustainable measures were posted. The submissions of 'open-input-activity' were enthralling. Stories included much text, which made the readers unwilling to read.

Re-posting of submissions made volunteers expose themselves to a plethora of different ideas for the same topic/theme. This event was organized by Media and Communication with the help of the 5 volunteers, through Instagram and Google meet on 22 April 2020.

**SDG Goals:** 

GOAL 4: Quality Education

GOAL 11: Sustainable Cities and Communities

GOAL 12: Responsible Consumption and Production

GOAL 13: Climate Action

**Mental Health Campaign** 

The event was **Organised by** Media and Communication + Prayatna Volunteers in collaboration

with MACS, Humans of CU, Heart It Out, and X Anxiety Slayyerss from 19 May – 25 May

2020 with 17 volunteers. The event included a set of stories depicting 'Strategies of Dealing with

Anxiety. It had Distraction Activity Techniques Information diet and 'Plan it Out' story series,

Spheres of Influence, were posted. These were in collaboration with MACS. These posts were

posted in collaboration with Humans of CU.A webinar on 'How to Support Someone with

Anxiety' was conducted on Cisco WebEx. It was in collaboration with Heart-It-Out. The

Webinar talked about the issues, implications, implementations, and effects of Anxiety. It was

an hour-long webinar. Nearly 48 CSA and non-CSA volunteers participated.

**SDG Goals:** 

GOAL 3: Good Health and Well-being

GOAL 4: Quality Education

GOAL 17: Partnerships for the Goal

ParyaWarOn – Environment Day Campaign

The event was Organized by Media and Communication and Prayatna Volunteers in

collaboration with CSA BCC from 2 June – 7 June 2020 with 50 attendees and 18 volunteers

on Instagram, Cisco WebEx The campaign was launched with the "What is your green pick-up

line" challenge. On World Environment Day, stories tracing the history of this day's celebration

were put up. On the same day, the last post for the campaign 'Sustainable living' elucidated the

simple ways in which one can transition to a sustainable way of life. On the last day, a panel

discussion was hosted at 5 pm over the Cisco WebEx platform on "Managing Resources for

**Ecological modernity.**" There was an overwhelming turnout of about 50 participants, excluding

the host and the panelists. Cooperation, teamwork, and mutual support were impressive. The creatives were very well designed, despite time constraints. Mentors were appreciated for being liberal, motivating, and helpful.

## **SDG Goals:**

Goal 6: Clean Water and Sanitization

Goal 12: Responsible consumption and production

Goal 13: Climate Action

Goal 14: Life Below Water

Goal 15: Life on Land



# Tamasha

The event was Organised by Drishti and M&C from all three campuses in collaboration with AD-HOC, Nuts and Bolts Productions, Aakrosh, Zealous Productions, Zariya Productions, Orpheus Productions, Stagecraft Productions (Mt. Carmel college), BITS Goa, Swaang Dramatics, Sharam Theatre Group from 8 - 14 June 2020. Along with 22 volunteers through Google Meet and Instagram. The event was an online campaign in celebration of theatre for a cause and consisted of live interviews, interactive quizzes, Instagram posts and stories, and acting competitions.

## **SDG Goals:**

Goal 17: Partnership for the Goals

# **YOGASHASHTRA**

The event was organized by Activity Centre from 20-22 June 2020 with 15 volunteers on

Instagram. The Instagram Campaign was conducted on the occasion of World Yoga Day. The

first set of stories introduced the mini-campaign and challenged the volunteers to practice any of

the mentioned Asanas or postures and put up a picture of them doing the same. For this, there

was an encouraging number of pictures that came in.

**SDG Goals:** 

Goal 3: Good Health and Well-Being

**SDG Goals:** 

**Buddy Learning Program** 

The event was organized by Media and Communication from 27 June - 1 July 2020 with the

help of 5 instructors and 40 volunteers on Google Meet, Cisco WebEx, Canva The program

aimed to encourage the culture of peer-to-peer learning, volunteer interaction during the

pandemic times, and to help volunteers grow as individuals. Accordingly, five peer-trainers who

could impart their transferable skills were selected: Nikithaa Paarakh: French, Rithvik A R: The

Art of Social Media Campaigns Disha Gupta: Stock Market Analysis for Social Enterprises,

Jovie Benson Lyngdoh: Creative Writing, M. G. Kumar Karthik: Photography and Editing. The

program was for five days, with a minimum of 45 minutes of teaching time every day.

**SDG Goals:** 

Goal 3: Quality Education

**Wartime against Cybercrime** 

The event was organized by Drishti on August 6, 2020 along with 12 volunteers on YouTube

and IGTV

Social media is a huge platform to impact lives, bring changes and create a revolution. And with

everything shifting to online platforms, the use of social media grew at a rapid rate which

encouraged various acts of cyberbullying and cybercrime. Therefore, Drishti took a small step to

curb and stop these practices, and came up with a short film named Wartime against Cyber

Crime in August, to spread awareness and contribute to helping society. It was the first-ever

production by Drishti and lived up to people's expectations. It was a great learning experience,

as acting in a street play is very different from acting in a short film.

**SDG Goals:** 

Goal 17: Partnership for the Goals

EIA draft

The new EIA Draft which was presented on 23rd March 2020 was introduced by the union

ministry which aimed to bring about a number of changes to environmental governance in the

country, which potentially compromises everalntal safeguards while being pro-industry. This

made a lot of people criticize the draft and the ministry was all up for people's view. The

ministry presented an option for the general public to voice their opinions by writing them an

email to the official union ministry. Our aim at conducting this campaign was to educate and

make people aware of the severe effects of the newly presented EIA Draft and for people to

notice it and act upon the same.

**SDG Goals:** 

Goal 13: Climate Action

Goal 11: Sustainable Cities and Communities

**CSA BGR Inauguration** 

The event was organized by CSA BGR Body at CHRIST BGR CAMPUS along with

350+voluteers on Cisco WebEx, Google Meet on August 12, 2020. A turn-out of 360 volunteers

participated in the CSA inauguration. Introduction about CSA and its functioning, description of

wings, and wing activities were informed. An informal session was planned in Google Meet.

There were 20 groups, and each had an average of 13 volunteers. Interactive and ice-breaking

games were made to play. New volunteers enjoyed the session. The informal session was

extended for an hour because of the volunteers' enthusiasm. Ice-breaking sessions led to a

transparent platform for meeting and knowing new volunteers.

**SDG Goals:** 

Goal 17: Partnership for the Goals

**Drishti Auditions** 

The event was organized by Drishti along with volunteers on Zoom. Around 60 people gave

auditions for the Drishti wing online, and the remaining auditions were conducted through video

submission of their acting skills. The general functioning of the Drishti wing was explained.

Activities and games related to acting skills like Dumb Charades, Dialogue re-iteration, etc.

Auditions were conducted on breakout sessions were two senior volunteers spectated and saw

their acting skills.

**SDG Goals:** 

Goal 17: Partnership for the Goals

Humaniti

The event was organized by Drishti along with 13 volunteers on YouTube and IGTV.On the

occasion of World Humanitarian Day, Drishti released another short film on Humanity that

highlights various issues such as domestic violence, child labor, the impact of wars on lives, and

sexual harassment. The short film aimed at instilling a sense of Humanity in the people to

become more generous towards all kinds of lives.

**SDG Goals:** 

Goal 5: Gender Equality

Goa 10: Reduced Inequality

Goal 16: Peace, Justice and Strong Institutions

**Industrial Waste Campaign** 

The event was organized by Prayatna & Media and Communication along from 21st August –

23rd August 2020 with 15 volunteers on the CSA BGR Instagram page. The campaign was held

for about Three Days. The topics were discussed and deliberated and divided into water

pollution, Air Pollution, and Land Pollution, respectively.

**SDG Goals:** 

Goal 13: Climate Action

Goal 14: Life below water

Goal 15: Life on Land

Reflections

The event was organized by Media and Communication on August 25 to August 30, 2020

along with 45 attendees + 13 volunteers on Instagram and Google Meet. The event started with

its promotions and open-for-submissions on August 25, 2020. A total of 56 responses were

recorded split into three parts – Blues (The written text), Brushes (The painted text), and Lenses

(photography).

A webinar on 'Photography in Lockdown' was conducted by the team. The speaker was Mr.

Ankit Sharma. He is a journalist and automotive photographer. It was conducted on Google

Meet. An average volunteer turn-out of 48 remained stable throughout the session. The

results of the submissions were declared on August 30 on Instagram as a 3-banner post. They

were judged on adherence to the topic and creativity.

**SDG Goals:** 

Goal 17: Partnership for the Goals

**Upcycling Workshop** 

The event was organized by Prayatna on September 27, 2020 with 55 attendees on Google

Meet. The Upcycling workshop was a live workshop conducted by Ms. Swati Soharia who is a

vivid follower of Upcycling. The workshop was conducted to teach the volunteers how to make a

mask with old clothes using simple techniques and how you could reuse an old product to create

a newer product of higher value. An average volunteer turn-out of 55 was seen.

SDG Goals:

GOAL 12: Responsible Consumption and Production

AC Banana Dance Video

Date: 8th October 2020

The event was organized by Activity Centre along with 13 volunteers on Google Meet,

Instagram on 8th October 2020. The song that we loved and the song on which we all danced

together with the kids, the song which made us have fun and the song that has brought smiles on

all our faces, the very long-awaited banana dance video was posted on YouTube on Oct 8. This

was done to keep the enthusiasm of Activity Centre volunteers and our project area children.

This video also defines to unite the CSA volunteers and as said, bring a smile on their faces!

**SDG Goals:** 

GOAL 3: Good Health and Well-being

GOAL 4: Quality Education



# **Intersectionality Campaign Report**

Date: October 4 to October 9, 2020

The event was organized by Media and Communication along with 45 attendees + 17 volunteers on Instagram, Cisco WebEx on October 4 to October 9, 2020. The campaign started off with a Chat Over Coffee session on the topic 'Inequality Within Inclusivity'. A volunteer turn-out of 45 was seen. The campaign was carried out on the CSA Instagram page and the message was conveyed through stories, posts and reels. The team also held two events, 'Poetry Writing' as well as a webinar on the topic 'Who has a voice?' - Empowering the Marginalized-on 8th October 2020 moderated by Dr. Arya P V, faculty at Christ University.

# **SDG Goals:**

GOAL 5: Gender Equality

GOAL 10: Reduced Inequality

**Overconsumption Story Campaign** 

Date: October 19, 2020

The event was Organised by Media and Communication and Prayatna along with 5 volunteers on Instagram. A series of 9 stories was posted depicting the over-consumption of resources in cosmetics, agricultural industry and animal husbandry. The idea of sustainable consumption was

brought out through the stories.

**SDG Goals:** 

GOAL 12: Responsible Consumption and Production

Avyanna Campaign

The was Organized by Media and Communication along with 16 volunteers on November 10,

2020 on Instagram. It was led entirely by first-year volunteers, it aimed to create sensitivity

about body shaming and societal constructs of beauty which hamper self-love and self-care for

many individuals. Leading up to the campaign, a Sunday Scool discussion was held on 8th of

November 2020 around the same issues. The stories and posts discussed the reasons for Acid

Attacks and the consequences that survivors have to face as a result. Reels were also put up in

accompaniment of the stories and were a huge success, with one of them receiving 7000+ views

on Instagram. An IGTV video featuring three spoken-word artists talking about their bodily

anxieties was also put up. In the oppressively slow and critical atmosphere of self-imposed

quarantines, this campaign came as a ray of hope for many.

**SDG Goals:** 

GOAL 3: Good Health and Well-being

**Socially Ideated** 

The event was organized by CSA Overall on 23<sup>rd</sup> and 24<sup>th</sup> January 2021 in collaboration with

Upaya social ventures along with 4 speakers + 420 volunteers on Cisco WebEx Meeting,

Microsoft Teams. Socially Ideated was conducted by the Centre for Social Action in order to

promote social entrepreneurship. There were 27 volunteers in various committees. Participants

were invited from colleges all over India. It was a two-day event starting from the speaker's

series and pitch presentation.

There were 420+ students who attended the event. They shared their own experience and

talked about how social entrepreneurship is the need of the hour.

**SDG Goals:** 

Goal 11: Sustainable cities and communities

Goal 19: Industry, Innovation and Infrastructure

Plant-A-Thon

The event was Organised by Prayatna BGR, Media and Communication BGR, Media and

Communication NCR, Media and Communication Kengeri, and Media and Communication

BCC on 28 February 2021 along with 48 attendees + 47 volunteers through an Online campaign

(Instagram, WhatsApp and Teams). Plant-A-Thon was a virtual marathon organised to create

awareness about the deadly consequences of Forest Fires. Logo reveals video, promo video,

teaser video and reels were posted to create hype, build curiosity and ensure maximum reach of

the event.

**SDG Goals:** 

Goal 13: Climate Action

Prerna Children's Literature Session

The event was organized by Activity Centre on March 3, 2021along with 20 volunteers

onGoogle Meet. In line with Activity Centre's book project 'Prerna', a small discussion session

on 'Children's Literature was conducted by the AC wing and was moderated by Elina Ghosh, a

2nd year CSA volunteer. Various ideas, themes, and academic insights on children's literature

were discussed. The session started at 5.05 PM and ended at 5.45 PM. There was an average

turnout of 20 volunteers.

**SDG Goals:** 

Goal 3: Quality Education

# **CDP Promotions**

The event was Organised by CSA Overall along with on Instagram. The promotions for the Community Development Program started on March 19, 2021. Various promotional infographics were circulated through WhatsApp, Instagram, and YouTube.Series of posts were uploaded, which had testimonials recorded and shared for depicting the transparency of the financial accounting of money during CDP. Volunteers were sensitized about the cause and need of CDP. A video was made along CDP lines and was posted as IGTV Video on Instagram and also uploaded on YouTube.

# **SDG Goals:**

Goal 10: Reduced Inequalities

Goal 17: Partnership for the Goals

# **Prena Story Telling Session**

The event was **Organised by** Activity Centre on march 21, 2021along with 10 volunteers on Google Meet. The storytelling session aimed to share stories and provide an open platform for volunteers to express their personal views, stories, write-ups, etc. in line with AC's book project 'Prerna'. The session was moderated by Himanshi and Sonal Patwary, 2nd year CSA volunteer and 1st year CSA volunteer respectively. The session started with volunteers sharing their childhood stories, proceeding with the game 'Spinning the Yarn'. Finally, the session ended with laying pointers regarding the expected content of stories for Prerna. The session started at 11 AM and ended at 12 Noon. There was an average turnout of 10 volunteers.

#### **SDG Goals:**

Goal 3: Good Health and Well-Being

## **Chat over Coffee (AKRASIA Campaign)**

The event was organized by Media and Communication on march 26, 2021. along with 23 volunteers On Campus, Basketball Court, BGR CAMPUS, and Google Meet (hybrid). In line with M&C's campaign 'Akrasia', a COC on 'Substance Abuse' was planned and conducted on campus. This event was the first on-campus event of CSA during the academic year 2020- 21.

The COC had interesting inputs on substance abuse. The discussion was moderated by Nameera

Khan, 1st year CSA Volunteer. The session started at 1.30 PM and ended at 3 PM. There was an

average turnout of 23 volunteers.

SDG Goals:

Goal 3: Good Health and Well-Being

Akrasia

The event was organized by: Media and Communication on 5th april along with 22 volunteers

on Instagram, Zoom, and BGR Campus. Instagram posts and stories were uploaded related to

Substance Abuse, its impact, and solutions to overcome. Logo reveals and a banner was

uploaded for promotions. Stories were posted about health checkups and exercises which help to

stay healthy. A webinar was conducted on 'Healthy way out of substances'. Three panelists from

different professions were invited. Panelists: Dr. Prachi Goel, Ms. Nikita Sulay, and Mr. Arvind

Kumar. A short film based on the consequences of substance abuse was made.

**SDG Goals:** 

Goal 3: Good Health and Well-Being

**Uchishta** 

The event was organized by Activity Centre and Prayatna on 14th and 15th april along with 9

volunteers on Instagram. This campaign focused on food wastage. Posts and stories were

uploaded which aimed at spreading awareness, covering food wastage, its impact, solutions, and

statistics. In addition to the general aforementioned spheres, two additional aspects were

covered. One being the carbon emission caused and the other being malnutrition all over the

world. Long term solution was introduced by talking to pg's for not throwing extra food.

**SDG Goals:** 

Goal 13: Climate Action

Goal 11: Sustainable Cities and Communities

Uljhanein

The event was Organized By Drishti from 29 March 2021 to 23 April 2021 along with 20+

Actors on Instagram. The concluding project for the academic year was a series of Instagram

reels under the banner of 'Uljhanein.' The project was executed in the March-April months. Each

reel depicts a taboo or habit that hinders an individual's physical and mental development and

ultimately fails for society to grow. It was aimed at aiding people to change their perspective

towards society. This month-long project gave a platform for Drishti volunteers to portray their

skills, get deeper insights on the taboos they audio-visualized upon. The project was a massive

success, with its reels reaching up to about 24k views on Instagram.

**SDG Goals:** 

Goal 17: Partnership for the Goals

GOAL 3: Good Health and Well-being

GOAL 4: Quality Education

**CSA Covid Task Force** 

The event was initiated by the Centre for Social Action, BGR Campus along with 27

volunteers on 22 May 2021. CSA Covid Task Force is a robust CSA BGR initiative that spreads

its helping hands to people in need of any Covid related resources. Immediate verifications of the

proposed leads, social media outreach, and any help related to this field are rendered. Several

posts have been curated and posted on the Instagram page, IGTVs are shared through stories and

periodic messages on keeping healthy are sent through various communicative platforms. CSA

BGR has also designed a website for the Plasma donation and match-up of the plasma resources.

The website is shared across the students of the campus.

**SDG Goals:** 

Goal 17: Partnership for the Goals

Goal 3: Good Health and Well-Being

**Plant-A-Thon** was a virtual marathon organized to create awareness about the deadly consequences of Forest Fires, on 28 February 2021. The event was concluded by the promise of plantation of 470 saplings in monsoons on behalf of the runners.

Mrs. Sumaira Abdulali, an esteemed environmentalist, was the spokesperson for the webinar and it was organized and promoted by all three campus CSA on various social media platforms. Stories covering benefits of running, memes related to forest fires, and relevant information about-plant-thon were shared. Prose-picture submissions were conducted to promote Plant-athon. With more than 5200 views on the reels posted it is safe to say that this event made a big impact and the reach was certainly triumphant.

#### **BACHPAN**

The Activity Centre volunteers organized a virtual Children's Week event named BACHPAN in collaboration with three Non-Governmental Organizations(NGOs), namely, Unicorn Art Club (UAC), Varitha Foundation, and Surabhi Foundation from 19th October to 15th November 2020. The event was filled with online activities, workshops, and competitions to ignite the collective imagination and fuel every child's innate quest to learn. We received overwhelming responses from more than 240 children for the cultural activities. Our volunteers organized workshops on various topics like Vedic maths, Memory Techniques, Origami, and Upcycling via GoogleMeet and interacted with kids who are miles away. This event was a journey full of blissful smiles and curious minds and it also aligns with the SDG of quality education, because it caters to holistic education.

#### **SDG Goals:**

SDG 4: Quality Education

## **Guest talk on Wildlife conservation**

A webinar was conducted on wildlife conservation by Mr KeshavMurthy V C on 4<sup>th</sup> April 2021. The webinar had both CSA volunteers and external participants. The topics covered in the webinar were as follows:

- Wildlife and its importance
- Threat and consequences to wildlife by public
- Role of students in wildlife and its conservation

## **SDG Goals:**

SDG 13: Climate Action SDG 15: Life on Earth

# Webinar on the topic: "Overview on IEEE sight - Opportunities to Develop Environmental Sustainable Solutions"

On the occasion of World Environment Day, the Department of Computer Science and Engineering, in association with the Centre for Social Action (CSA) had conducted a webinar on "Overview on IEEE sight - Opportunities to Develop Environmental Sustainable Solutions". The guest speaker, Dr Abhishek M Appaji, Joint Treasurer & SIGHT Chair, IEEE Bangalore Section, focused on building a locally-focused community of engineers for global development. He talked about what is a sustainable community project and the process of analyzing a problem. Furthermore, he showed various examples of environmentally sustainable solutions. Over 80 people took part in the webinar from various institutions.

## **SDG Goals:**

SDG 11: Sustainable cities and communities

SDG 12: Responsible consumption and production